



Communication with your Midwife

As your private duty midwife, I am more than committed to ensuring that my clients have complete and easy accessibility to me. I assure you that all concerns, questions and inquiries are addressed promptly. Organizing communication is important, as graceful births are occurring and personal life duties are continuous. I appreciate your respect and cooperation in following these simple communication requests.

Please CALL if you are experiencing the following:

- Regular labor contractions and think you may be in labor at any time during your pregnancy
- Bleeding from the vagina
- Sudden “gush” or leaking of fluid from the vagina
- Blurred vision, dizziness, feeling disoriented or severe headaches
- Extreme nausea or vomiting
- Chills or fever over 100 degrees Fahrenheit
- Any part of the baby (hand, foot, cord) appearing from the vagina
- Painful urination/burning with urination
- Increased or sudden swelling, puffiness in the hands feet, face or ankles
- Sharp pain in the uterus, severe abdominal pain
- Absence of fetal movement for 4-6 hours

Texting Requests:

- I love text messaging! Texting is a welcomed form of communication for **non-urgent matters only!** I welcome text messaging between the **hours of (830am-6pm)**, unless some other arrangement has been discussed.

Email Requests:

- Feel free to email me any time of day or night for non-urgent matters, inquiries or administrative requests. I respond very quickly to emails.

Text/Call: 773-304-7925

Email: christinetaylorcnm@gmail.com